



THEME Activity Space

VISION

An accessible, eco-friendly, affordable multi-functional gathering space to be used by all citizens.

Possible ideas for programming:

- fitness
- music
- art
- dance classes
- sound studio
- theatre groups
- movies
- workshop space
- meeting space
- gardening
- lectures/courses
- language lessons



WHY IT MATTERS

A multi-functional Activity Space contributes to a healthy, happy community while also enhancing the likelihood of successful aging in place. Older adults with access to community resources can:

- Combat social isolation by participating in affordable activities
- Sustain, develop, and share skills amongst community members
- Improve their mental and physical health
- Form new friendships, network, and benefit from new opportunities to become involved



GETTING STARTED

- Understand regulations
- Develop and/or enhance key community partnerships
 - (Ex. The Youth Centre, W.C. O'Neill Arena Complex, NBCC, VMES, SJDA, local churches, Sunbury Shores, the Lodge, Dragonfly Centre, the Algonquin)
- Identify potential community space(s)
- Obtain funding, grants, and donations
- Develop an operations model & programming



REQUIRED RESOURCES

- Buy-in from the Town of Saint Andrews and/or community partner(s) who can assist with space
- Adequate and appropriate funding
- Sustainable model for governance & operations, including staffing and volunteers



AVAILABLE RESOURCES

- Coordinate with newly hired Town Recreation employee
- Potential Partnerships with community-based resources (Anglican Hall)
- The Passamaquoddy Lodge 'Community Hub' space



CONSIDERATIONS

- Accessible/affordable transportation
- Accessibility of the space
- Getting the word out to the community
- Health and safety regulations
- Affordability of space and programs



MOVING FORWARD

- Engage with potential community partners (see "Getting Started" section above)
- Connect with the Age Friendly Committee
- Seek out potential program providers or community members willing to share skills

- Review current space options in Saint Andrews for potential activities or programs
- Seek out possible transportation services

